

Career and Life Management (3 Credits)

Course Description

The aim of senior high school Career and Life Management (CALM) is to enable students to make well-informed, considered decisions and choices in all aspects of their lives and to develop behaviors and attitudes that contribute to the well-being and respect of self and others, now and in the future.

The three topics covered include:

- Personal Choices
- Resources Choices
- Career and Life Choices

Alberta Education information regarding Career and Life Management can be found at:

<https://education.alberta.ca/media/160199/calm.pdf>