

2020 - 2021 EDITION

# Southern Alberta MARCH & APRIL EVENTS



## Susan French

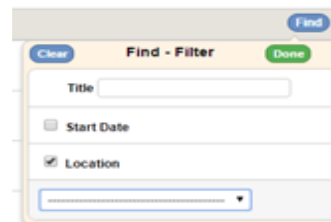
Program Enhancement Coordinator  
Email: [sfrench@redeemer.ab.ca](mailto:sfrench@redeemer.ab.ca)  
Phone: 403-915-6279

[Click Here to View Events](#)

[Click Here to View Southern Alberta Events Calendar](#)

## WONDERING HOW TO REGISTER?

1. All of the events can be found at [centreforlearning.ca](http://centreforlearning.ca) by clicking on the **Events** tab.
2. Then follow the **Registration** link to see all of the current and upcoming events.



### 3. USEFUL TIPS for searching program offerings and locations

- Locate the blue "Find" button at the top right of the Events' Registration tab
- Using the "Title" field, type in an activity (eg. Art, Basketball, Theatre) **CLICK SEARCH**.  
OR
- Using the "Title" field, type in one of the following for a more comprehensive geographic list of activities. **CLICK SEARCH**.

**CAL** – for Calgary and surrounding communities

**CENTRAL** – for Red Deer and surrounding communities

**MED HAT** – for Medicine Hat and surrounding communities

**LETH** – for Lethbridge and surrounding communities

**EDM** – for Edmonton and surrounding communities

**GP** – for Grande Prairie and surrounding communities

**PEACE RVR** – for Peace River and surrounding communities

**PROV** – for provincial activities that may be of interest to all geographic locations



# EVENTS AND ACTIVITIES 2020 - 2021 SCHOOL YEAR

## EVENTS Information for 2020-2021 School Year

School authorities continue to have the flexibility to offer extra-curricular activities to students. Planned events will follow the Alberta Health Services recommendations, Christ the Redeemer Re-entry to Schools Plan, The Centre for Learning@HOME event guidelines, Alberta Safety Guidelines for Physical Activity in Alberta Schools, venue and facilitator requirements. Sibling participation will be limited to family orientated events.

Your Program Enhancement Coordinator will strive to offer a variety of activities with your student's safety in mind.

## CO- CURRICULAR CLASSES

Co-curricular outings are suspended until further notice.

Please see Christ the Redeemer COVID 19 Re -entry guidelines [here](#)

## COVID-19 PRE EVENT PREPARATION

Parents please:

- Reinforce proper hand washing technique.
- Teach responsible respiratory etiquette.
- Encourage non-contact greetings. (No hugs, high-fives, fist bumps at events)
- Ensure your child feels comfortable wearing a mask.
- Label your students water bottle that they bring to events.

## COVID-19 EVENT PRECAUTIONS

1. Prior to attending an event or activity, attendees are expected to review the COVID-19 Screening Questionnaire. The questionnaire may be found on The Centre for Learning@HOME website under events tab, or follow the link [COVID-19 Screening Questionnaire](#)  
If attendee answers "Yes" to any questions - stay home and use the COVID-19 Self-Assessment Tool to determine whether you need to be tested for COVID-19.
2. All attendees must be registered in the appropriate category, this includes parent/guardian, siblings and or students who are observing or chaperoning event. This will assist with AHS contact tracing if the need arises.
3. Prior to commencing any activity participants will be required to wash or sanitize their hands and Physical distancing will be encouraged where ever possible. For indoor events participants and staff will wear a mask whenever possible.
4. A **maximum** of 10 individuals, including coaches and/or trainers are allowed.
5. **Physical Distancing:** Must be maintained at all times between participants following these guidelines:
  - a. 3-metres physical distance for indoor activities
  - b. 2-metres physical distance for outdoor activities

- c. **Exception:** Coaches or program providers may enter physical distancing space for brief interactions with participants (for example to correct form or technique)
6. **Masks:** Worn by participants, CFL staff and program providers

## Sport Equipment Lending Library



- CFL sporting equipment available for Physical Education and family recreation.
- Sport Library available this year only, as a response to COVID 19 restrictions.
- Skill builder and game ideas included.
- Two sets of equipment may be reserved for any two week time frame.
- No rental fee
  - A deposit will be collected when equipment is reserved. Deposits will vary depending on the cost of equipment distributed.
  - Deposit will be refunded when equipment is returned in good condition. If repairs or replacements are required, costs will be deducted from initial deposit.
- Late fees of \$5/day or up to a maximum of \$20 per week will be collected if equipment is not returned by due date. Special arrangements can be made with Program Enhancement Coordinator if unable to drop off on scheduled day.
- Curbside pick-up
  - Grande Prairie, Edmonton, Red Deer, North Calgary, South Calgary, Okotoks, Lethbridge & Medicine Hat.
- COVID 19 Safety procedures followed.

## Reserve Your Equipment Here:

<a href="#">North</a>	Grande Prairie, Edmonton, Red Deer
<a href="#">Okotoks</a>	North Calgary, South Calgary, Okotoks
<a href="#">South</a>	Lethbridge, Medicine Hat



## Equipment Inventory:

Badminton raquets and birds	Pop-up goal set
Basketballs	Ring Toss
Bocce Ball	Soccer balls
Croquet	Spikeball <a href="#">What is Spikeball?</a>
Floor Hockey sticks and ball	Skipping ropes
Footballs	Tennis rackets and balls
Ladder Ball	Ultimate Frisbees
Physical Literacy Kits: <a href="#">What is Physical Literacy?</a>	Volleyball
Pickleball rackets and balls	



\*INDICATES IN-PERSON ACTIVITIES

## MARCH 1-MARCH 31

### CFL – MARCH MADNESS

We are so excited to share with you our upcoming CFL March Madness school challenge! CFL March Madness will be a series of 23 videos with short, quick daily physical activity challenges that students and staff can participate in every school day in March. Students who participate, can track their progress and if they choose, submit pictures or video of them completing the challenge. Everyone who completes every challenge will be entered in a draw to win a prize! Register below to join in the fun!!

**WHEN:** Every School Day. March 1-31

**TIME:** Anytime each day.

**WHO:** All CFL Students

**COST:** Complimentary

[Click Here to Register](#)

## MARCH 1-MAY 31

### VIRTUAL DRAMA CLUB - Gr 4-8

If you are vaguely interested in acting but have never tried it, this club is for you!

If you adore acting and plan to light up Broadway, this club is for you!

If you don't know what Broadway is, look it up. But this club is probably also for you!

Games! Lessons on character, movement, and voice. More games. Connection with fellow theatre lovers. Also, games.

We will be working towards a final online performance which will be presented at the end of the semester. This performance will be created by the students and directed by the teacher. The students who are interested in being a part of this performance will need to make a commitment to attend Drama Club regularly, as we will build the show around those who are able to make the weekly rehearsals. Rehearsals may be added or extended towards the end of the semester, as necessary to make the final performance a smashing success!

*At Drama club, there will be plenty of opportunities to stretch your theatre muscles, but you will never be pushed to do something you are uncomfortable with. The top priority is to take care of each other – and to have unfathomable amounts of fun!*

Ms. Halase will be facilitating this club. [jhalase@redeemer.ab.ca](mailto:jhalase@redeemer.ab.ca)

**WHEN:** Mondays, March 1-May 31

**TIME:** 3:40 pm- 4:40 pm

**WHO:** CFL Students Grade 4-8

**COST:** Complimentary

[Click Here to Register](#)

## MARCH 2, 09, 16, & 23

### \* JUNGLE GYM FUN AND FITNESS- MED HAT

Join the Centre for Learning @HOME for a 4 week program of fun and fitness

**WHERE:** Badlands Training Center  
**TIME:** Tuesday March 2, 09, 16, 23  
1:00 - 1:50 pm or  
2:00 - 2:50 pm  
**WHO:** Best suited for students in Grade 1- 4  
**COST:** \$35

[Click Here to Register](#)

## MARCH 2, 09, 16, & 23

### \* BADLANDS CLIMBING CENTRE- WALL CLIMBING - MED HAT

Join the Centre for Learning @HOME for a 4 week climbing series at Badland Climbing Centre. All great things start somewhere, and this is the course that will get you started. Climbing can feel foreign to most people. This course can help take the mystery out of the demands climbing makes on our bodies. Students will learn a variety of climbing techniques and, also have free time to climb and test their new skills.

**WHERE:** Badlands Training Center  
**WHEN:** Tuesday March 2, 09, 16, 23  
1:00 - 1:50 pm Grade 4-7  
2:00 - 2:50 pm Grade 4-12 (4 Spots)  
**WHO:** Grade 4-12 as per Alberta Schools Safety Guidelines  
**COST:** \$35



[Click Here to Register](#)

## MARCH 2

### VIRTUAL ROYAL ALBERTA MUSEUM

Stories are all around us in the diverse galleries of the RAM. This 45-minute experience consists of a 30-minute tour of the Human History Hall followed by a 15-minute question and answer period. Get a close look at some of the most engaging displays and chat with a passionate museum educator.

**WHEN:** Tuesday, March 2  
**TIME:** 1:00 pm- 1:45 pm  
**WHO:** CFL Students Grade 3-9  
**COST:** \$5

[Click Here to Register](#)

## MARCH 3

### VIRTUAL FITNESS KICKBOXING SERIES

Join Kadien for a fun fitness class! Each workout will be done in “rounds”, each round will be 3 minutes with 45 seconds rest between. 16 rounds will fill the 1 hr class. Each round will use different levels of cardio (light to moderate) and boxing moves to keep your heart rate up. A fun way to get some movement into your day!

**WHEN:** Wednesdays, March 3, 10, 17, 24, 31  
**TIME:** 1:30 pm-2:30 pm  
**WHO:** CFL Students grades 5-12  
**COST:** \$70

[Click Here to Register](#)

## MARCH 3, 10, 17, 24

### \* COULEE CLIMBING BOULDERING SERIES –LETH

Ready for a challenge? Register for our 4-session bouldering series!  
Participants will be instructed on safe conduct, falling technique, and the basics of bouldering.

**WHERE:** Coulee Climbing 1-1602 3 Ave S  
**WHEN:** Wednesdays, March 3, 10, 17, 24  
**WHO:** Grade 1-5 \_ 10:00 am – 10:50 am  
Grade 6 -9\_ 11:00 pm – 11:50 pm  
Grade 1-12 \_ 12:00 PM – 12:50 pm  
**COST:** \$52.50 /Shoe Rental Included

[Click Here to Register](#)

## MARCH 3

### VIRTUAL LEARN TO MAKE BALLOON ANIMALS

Join Ms. Clark and your friends to try your hand at making **balloon animals**. In this just-for-fun activity, we will start with the basics in making balloon animals and then if we have time, progress to a few harder designs. **You will need to pre-purchase some supplies to participate.**

[Balloon Animal Kit](#), \$19.99 (amazon.ca), or similar product

Buying Tip: The usual size to start with is a 260 (a balloon that, when fully inflated, is 2 inches in diameter and 60 inches long). For smaller hands, it is recommend starting with a 160 (1 inch in diameter and 60 inches long).

**WHEN:** Wednesday, March 3

**TIME:** Gr 4-6\_1:30 pm-2:15 pm  
Gr 7-9\_2:30 pm-3:15pm

**WHO:** CFL Students grades 4-9 (younger siblings can join in with parent help)

**COST:** Supplies

[Click Here To Register](#)

## MARCH 3

### VIRTUAL DIGITAL ESCAPE ROOM – Gr 3-5

If you are interested in a fun digital space to collaborate and get to know your classmates while participating in a digital escape room this is for you! The only thing you will need is your willingness to try to solve puzzles and your computer with a working microphone and camera.

This activity is facilitated by Ms. Christie. [schristie@redeemer.ab.ca](mailto:schristie@redeemer.ab.ca)

**WHEN:** Wednesday, March 3

**TIME:** 2:30 pm-3:30 pm

**WHO:** CFL Students grades 3-5

**COST:** Complimentary

[Click Here to Register](#)

## MARCH 4

### VIRITUAL COOKING SERIES

\*Full - Please register for waitlist, potential second class\*

Calling all cooks, or anyone that would like to learn to cook!! In this series learn some kitchen skills while having fun and then eat your yummy creation.

Wk 1: Calzones. **Objective:** yeast & leveling agents.

Wk 2: Spaghetti & Meat Balls. **Objective:** seasoning & sauces.

Wk 3: Banana Chocolate Chip Muffins. **Objective:** proper measuring & baking.

Wk 4: One pan fajita. **Objective:** food safety & knife skills

Wk 5: Strawberry Shortcake. **Objective:** why we think of certain foods in different seasons.

**WHEN:** Thursdays, March 4, 11, 18, 25, April 1

**TIME:** 1:30 pm-3:00 pm

**WHO:** CFL Students

**COST:** \$70

[Click Here to Register](#)

## MARCH 4-JUNE 3

### VIRTUAL DRAMA CLUB – Gr 9-12

If you are vaguely interested in acting but have never tried it, this club is for you!

If you adore acting and plan to light up Broadway, this club is for you!

If you don't know what Broadway is, look it up. But this club is probably also for you!

Games! Lessons on character, movement, and voice. More games. Connection with fellow theatre lovers. Also, games.

We will be working towards a final online performance which will be presented at the end of the semester. This performance will be created by the students and directed by the teacher. The students who are interested in being a part of this performance will need to make a commitment to attend Drama Club regularly, as we will build the show around those who are able to make the weekly rehearsals. Rehearsals may be added or extended towards the end of the semester, as necessary to make the final performance a smashing success!

*At Drama club, there will be plenty of opportunities to stretch your theatre muscles, but you will never be pushed to do something you are uncomfortable with. The top priority is to take care of each other – and to have unfathomable amounts of fun!*

Ms. Halase will be facilitating this club. [jhalase@redeemer.ab.ca](mailto:jhalase@redeemer.ab.ca)

**WHEN:** Thursdays, March 4-June 3

**TIME:** 3:40 pm- 4:40 pm

**WHO:** CFL Students Grade 9-12

**COST:** Complimentary

[Click Here to Register](#)



## MARCH 5

### \* SNOWSHOEING- SYNCLINE\_CASTLE MOUNTAIN AREA

Interested in snowshoeing, join us at the Syncline Cross Country Ski Area. Explore the area on easy and intermediate trails.

**WHERE:** Syncline Cross- County Ski Area, HW 774 to Castle Mountain  
**WHEN:** Friday, March 5 \_ 11:00 AM – 2:00 PM  
**WHO:** Best suited for families.  
**COST:** Complimentary – Snowshoes provided

[Click Here to Register](#)



## MARCH 8 & 22

### VIRTUAL MEET UP MONDAY GR 1-6

Come have some fun getting to know each other! Join Ms Christy and your friends for some socialization, ice breaker games and fun!!

**WHERE:** Online - Zoom!!  
**WHEN:** Monday March 8 & 22  
Gr 1-3\_1:30 pm - 2:15 pm  
Gr 4-6\_2:30 pm - 3:15 pm  
**WHO:** CFL students grades 1-6  
**COST:** Complimentary

[Click Here To Register](#)

## MARCH 9

### VIRTUAL WILD NORTH- LITTER AND WILDLIFE

Since a clean community is a shared responsibility, WILD North and Capital City Clean Up have joined forces to deliver the “Litter, Wildlife & My Community” classroom program. Educational and entertaining, this 30-minute presentation directly links to the Waste and Our World unit. It illustrates how litter harms wildlife and helps students identify actions they can take to minimize litter’s impact on wildlife.

**WHEN:** Tuesday, March 9, 2021  
**TIME:** 1:00 pm- 1:45 pm  
**WHO:** CFL Students Grade 2-8  
**COST:** Complimentary

[Click Here to Register](#)

## MARCH 10

### VIRTUAL INDOOR PLAYGROUND GAMES

Missing your favorite outdoor games? Join Ms. Clark for some fun twists on some old favorites

**Supplies:** in addition to an open space (i.e. basement, rec/bonus room), some basic equipment is required to participate in these activities. Your child will need: tennis ball (or small bouncy ball), hoola hoop, balloon (round, blown up), rope/jump rope/ribbon, 10 plastic recycled pop bottles (1 liter or 576 ml size)

**WHEN:** Wednesday, March 10  
**TIME:** 2:00 pm - 3:00 pm  
**WHO:** CFL Students grades 1-6 (parents and siblings can join in the fun too)  
**COST:** Supplies

[Click Here To Register](#)

## MARCH 12

### \* SNOWSHOEING- ELKWATER FULL

Interested in snowshoeing? An Alberta Parks guide will provide the equipment, instruction, and a beautiful setting. (Waitlist only, I’m working on coordinating a second class.)

**WHERE:** Elkwater Visitor Centre  
**WHEN:** Friday, March 12 \_ 10:00 AM – 11:30 AM  
**WHO:** Best suited for grades 1-5  
**COST:** \$5

[Click Here to Register](#)

## MARCH 11

### \* VIRTUAL REALITY IN-PERSON GAMES - MED HAT

Try an age appropriate virtual reality experience.

Virtual Reality is software that produce images, sounds, and other sensations to create a different place so that a user feels like he or she is really part of this other place.

Students and their parents may choose from games like Fruit Ninja, Angry Birds, Smashbox Arena, Hoops, and Furious Seas. Students may work together virtually or play an individual game.

Grades 7-12 will have the option of booking the Golf Simulator (bring your own clubs) or Virtual reality game.

**Play together 3 meters apart.**

**WHERE:** Six One Six  
**WHEN:** Thursday, March 11 \_ 12:00 PM – 4:00 PM  
Grade 1 - 3 12:00 PM – 12:45 PM  
Grade 4 - 6 1:00 PM – 1:45 PM  
Grade 7 - 9 2:00 PM – 2:45 PM  
Grade 9 - 12 3:00 PM – 3:45 PM

**COST:** \$18 (Regular Rate \$30)

[Click Here to Register](#)

## MARCH 12

### \* CROSS COUNTRY SKI- ELKWATER

Interested in trying cross-country skiing? An Alberta Parks guide will provide the equipment, instruction, and a beautiful setting.

**WHERE:** Elkwater Visitor Centre  
**WHEN:** Friday, March 12 \_ 12:00 PM – 1:30 PM  
**WHO:** Best suited for grades 5 - 12  
**COST:** \$15

[Click Here to Register](#)

## MARCH 15 & 29

### VIRTUAL MEET UP MONDAYS (Grades 7-12)

Feeling like you need some time to socialize with your classmates? Join Ms Christy for some ice breaker games, get to know your classmates. Hang out with some friends and form some new friendships!!

**WHERE:** Online - Zoom!!  
**WHEN:** Monday March 15 & 29  
Gr 7-9\_1:30 pm - 2:15 pm  
Gr 10-12\_2:30 pm - 3:15 pm  
**COST:** Complimentary

[Click Here To Register](#)

## MARCH 16

### VIRTUAL ALBERTA'S ENERGY RESOURCES

From wind turbines to coal-fired power plants our energy landscape is shaped by natural resources. Examine electricity and energy from an Alberta perspective and learn how electricity is made, moved and connected to how we live, work and play. We will also look at the opportunities and challenges associated with different energy resources and look towards what the future might bring! The program will wrap up with a discussion about stewardship and how we can all work together to conserve natural resources.

**WHERE:** Online - Zoom!!  
**TIME:** Tuesday March 16 \_1:00 PM- 2:00PM  
**WHO:** CFL students grades 4-6  
**COST:** Complimentary

[Click Here To Register](#)

## MARCH 16

### VIRTUAL CFL JR/SR TALENT SHOW

DO you have a talent you would like to share?

We would love to see it! Come join us in sharing your talent and cheer on your classmates as well.

Talent can be any type of amateur entertainment (singers, dancers, spoken word, and instruments).

All entries must be pre-registered before March 8th, 2021.

This Show is being facilitated by Mrs. Rumbolt. [drumbolt@redeemer.ab.ca](mailto:drumbolt@redeemer.ab.ca)

**WHERE:** Online - Zoom!!  
**WHEN:** Tuesday March 16 \_ 2:45 pm - 4:00 pm  
**WHO:** CFL students grades 7-12  
**COST:** Complimentary

[Click Here to Register](#)



## MARCH 17

### VIRTUAL ST. PATRICK'S DAY FUN!

Celebrate St. Patrick's Day by making a St. Patrick's Day craft and play some fun St. Patrick's Day Games.

Remember to wear something green!

Craft templates will be emailed out before March 17th!

This fun day will be facilitated by Ms. O'Carroll. [cocarroll@redeemer.ab.ca](mailto:cocarroll@redeemer.ab.ca)

**WHEN:** Wednesday, March 17  
**TIME:** 10:00 am - 10:45 am  
**WHO:** CFL Students grades 1-3  
**COST:** Supplies

[Click Here To Register](#)

## MARCH 17

### VIRTUAL LEARN TO MAKE BALLOON ANIMALS

Join Ms. Clark and your friends to try your hand at making **balloon animals**. In this *just-for-fun* activity, we will start with the basics in making balloon animals and then if we have time, progress to a few harder designs. **You will need to pre-purchase some supplies to participate.**

[Balloon Animal Kit](#), \$19.99 (amazon.ca), or similar product

**Buying Tip:** The usual size to start with is a 260 (a balloon that, when fully inflated, is 2 inches in diameter and 60 inches long). For smaller hands, it is recommend starting with a 160 (1 inch in diameter and 60 inches long).

**WHEN:** Wednesday, March 17  
**TIME:** Gr 4-6\_ 1:30 pm - 2:15 pm  
Gr 7-9\_2:30 pm - 3:15 pm  
**WHO:** CFL Students grades 4-9 (younger siblings can join with parent help)  
**COST:** Supplies



[Click Here To Register](#)

## MARCH 18

### VIRTUAL TRAVEL CLUB

Using Google Earth and free virtual museum tours, we can still explore cities, museums, and other tour sites. Some highlights include virtual tours of the Metropolitan Museum in New York, the Louvre in Paris, and Van Gogh Museum in Amsterdam. We will also explore features of Google Earth. Not only will we view masterful art and architecture, but we will also build our community while learning new technology.

**WHEN:** Thursday, March 18

**TIME:** 3:00 PM – 3:30 PM

**WHO:** CFL Students

**Zoom link to join us for our virtual tours:**

<https://redeemer.zoom.us/j/99986828132?pwd=TjBsMkJNDhkdTZ2UE5wT3RWa25oQT09> Zoom Meeting Password: 843046

**TEACHER:** Mr. Marion [vmarion@redeemer.ab.ca](mailto:vmarion@redeemer.ab.ca) 1-800-659-1945 Ext 5317

## MARCH 18, APRIL 15, MAY 6, JUNE 17

### VIRTUAL BOB ROSS CLUB

Paint with Bob Ross! Who is Bob Ross? Bob Ross was a painter who developed painting tutorials that make the viewer feel as if they are at a one-on-one painting lesson. His videos have been described as soothing and peaceful. His videos are approximately 30 minutes long and during this time, viewers paint alongside Bob Ross to create a detailed landscape painting. Sign up and come to one or come to them all!!!

**Materials list found in registration link:**

**Ms. Gauthier will be facilitating these sessions.**

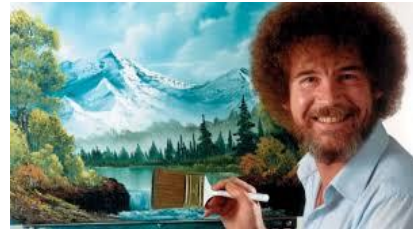
[sgauthier@redeemer.ab.ca](mailto:sgauthier@redeemer.ab.ca)

**WHEN:** Thursdays. March 18, April 15, May 6, June 17

**TIME:** 6:00 pm - 7:00 pm

**WHO:** CFL Students grades 7-12

**COST:** Supplies



[Click Here to Register](#)

## MARCH 19 FULL

### \*SKI DAY – PASS POWDER KEG- BLAIRMORE

Powderkeg is a friendly "family" ski area with consistent snow conditions, challenging terrain. Students participating will receive a ski or snowboard lesson and a lift for the day.

**WHERE:** Pass Powder Keg – Blairmore, AB  
**WHEN:** Friday, March 19\_ 1:00 PM – 4:00 PM  
**WHO:** Grades 1- 12

[Click Here to Register](#)

## MARCH 22

### \*PAINTING CLASS- EASTER THEME- MED HAT

Graphic design artist Christie the painter girl will lead students in creating a 16X20 painting on canvas. All supplies provided.

Class size limited to 6 students and masks must be worn to participate.

**WHERE:** Painter Girl Studio - 329 North Railway Street  
**WHEN:** Monday, March 22  
Grade 1-3 10:00 AM – 11:30 AM  
Grade 4-6 12:30 PM – 2:00 PM  
Grade 7-12 2:45 PM– 4:15 PM  
**WHO:** Grades 1- 12  
**COST:** \$21.00

[Click Here to Register](#)

## MARCH 25

### \* VIRTUAL REALITY IN-PERSON GAMES- LETHBRIDGE

Try an age appropriate virtual reality experience.

Virtual Reality is software that produce images, sounds, and other sensations to create a different place so that a user feels like he or she is really part of this other place.

Students and their parents may choose from games like Fruit Ninja, Angry Birds, Smashbox Arena, Hoops, and Furious Seas. Students may work together virtually or play an individual game.

**Play together 3 meters apart.**

**WHERE:** Ctrl V Virtual Reality - Mayor Magrath Drive South

**WHEN:** Thursday, March 25 \_ 11:00 PM – 3:30 PM

Grade 1 - 3 11:00 PM – 11:45 PM

Grade 4 - 6 12:30 PM – 1:15 PM

Grade 7 - 9 1:30 PM – 2:15 PM

Grade 9 - 12 2:30 PM – 3:15 PM

:

**COST:** \$16 (Regular Rate \$26)

[Click Here to Register](#)

## MARCH 29

### \* EASTER COOKIE DECORATING- MED HAT

Join Candice and decorate Easter treats.

Class size limited to 8 students and masks must be worn to participate.

**WHERE:** Baking with Candice

**WHEN:** Monday, March 29

Grade 1-3 1:00 PM – 1:45 PM

Grade 4-6 2:00 PM – 2:45 PM

Grade 7-12 3:00 PM– 3:45 PM

**WHO:** Grades 1- 12

**COST:** \$10

[Click Here to Register](#)



# MARCH/APRIL RED CROSS SWIM LESSONS

## \* LEVEL 7-10- MEDICINE HAT

**WHERE:** Medicine Hat Family Leisure Centre  
**WHEN:** Tuesday /Thursday, March 30, April 1, 13, 15, 20, 22 & 27  
Lesson time TBD between 1:00 PM – 3:00 PM  
**WHO:** The Centre for Learning@HOME students  
**COST:** Level 7 through 10 - \$100

[Click Here to Register](#)

## MARCH 31

### \* EASTER POTTERY PAINTING- LETHBRIDGE

Join us at Color Me Mine to paint a ceramic bisque project. Each student will have the choice of painting either a mug or bowl.

**WHERE:** Color Me Mine – Lethbridge  
**WHEN:** Wednesday, March 31  
Session #1 9:30 AM – 10:30 AM  
Session #2 10:45 AM – 11:45 AM  
**WHO:** Grades 1- 12  
**COST:** \$25

[Click Here to Register](#)

## MARCH 31- APRIL 28

### VIRTUAL DOODLE CLUB

Come join us for a virtual doodle club. We will draw and sketch together and will pick a different theme every week to doodle

You will need things to doodle with: pencils, pens, markers and things to doodle on: white paper, cardstock.

This club will be facilitated by Ms. O'Carroll. [eocarroll@redeemer.ab.ca](mailto:eocarroll@redeemer.ab.ca)

**WHEN:** Wednesdays, March 31 – April 28 (no class on April 7)  
**TIME:** 1:00 pm - 2:00 pm  
**WHO:** CFL Students grades 5-7  
**COST:** Supplies



[Click Here to Register](#)

## MARCH 31

### VIRTUAL DIGITAL ESCAPE ROOM – Gr 3-5

If you are interested in a fun digital space to collaborate and get to know your classmates while participating in a digital escape room this is for you! The only thing you will need is your willingness to try to solve puzzles and your computer with a working microphone and camera.

This activity is facilitated by Ms. Christie. [schristie@redeemer.ab.ca](mailto:schristie@redeemer.ab.ca)

**WHEN:** Wednesday, March 31  
**TIME:** 2:30 pm - 3:30 pm  
**WHO:** CFL Students grades 3-5  
**COST:** Complimentary

[Click Here to Register](#)

## APRIL 12

### \* PAINTING CLASS- MED HAT

Graphic design artist Christie the painter girl will lead students in creating a 16X20 painting on canvas. All supplies provided. Students will paint an Ostrich.

Class size limited to 6 students and masks must be worn to participate.

**WHERE:** Painter Girl Studio - 329 North Railway Street  
**WHEN:** Monday, April 12  
Grade 1-3 10:00 AM – 11:30 AM  
Grade 4-6 12:30 PM – 2:00 PM  
Grade 7-12 2:45 PM– 4:15 PM  
**WHO:** Grades 1- 12  
**COST:** \$21.00

[Click Here to Register](#)

## APRIL 13

### VIRTUAL BOOK AND A CRAFT

Students will enjoy a fun story followed by a craft!! The craft will be in the theme of the book and requires minimal supplies. A supply list and any templates needed will be emailed prior to the event date.

**WHEN:** Tuesday, April 13  
**TIME:** 1:00 pm - 1:45 pm  
**WHO:** CFL Students grades 1-4  
**COST:** Supplies

[Click Here to Register](#)

## APRIL 14

### \* SNOWSHOEING- WATERTON\_ CAMERON LAKE

Interested in snowshoeing?

**WHERE:** Waterton National Park, Akamina Parkway – Cameron Lake Trail 5K \_flat  
**WHEN:** Wednesday, April 14 \_ 11:00 AM – 2:00 PM  
**WHO:** Best suited for families  
**COST:** Complimentary – Snowshoes provided

[Click Here to Register](#)

## APRIL 19, MAY 3, 17

### VIRTUAL MEET UP MONDAYS Gr 1-6

Come have some fun getting to know each other! Join Ms. Christy and your friends for some socialization, ice breaker games and fun!! This will be the last session of Meet up Mondays for this school year!!

**WHERE:** Online - Zoom!!  
**WHEN:** Mondays, April 19, May 3 & 17  
Gr 4-6\_1:00 pm - 1:45 pm  
Gr 1-3\_2:00 pm - 2:45 pm  
**WHO:** CFL students grades 1-6  
**COST:** Complimentary

[Click Here to Register](#)



## April 22

### VIRTUAL TRAVEL CLUB

Using Google Earth and free virtual museum tours, we can still explore cities, museums, and other tour sites. Some highlights include virtual tours of the Metropolitan Museum in New York, the Louvre in Paris, and Van Gogh Museum in Amsterdam. We will also explore features of Google Earth. Not only will we view masterful art and architecture, but we will also build our community while learning new technology.

**WHEN:** Thursday, April 22

**TIME:** 3:00 pm – 3:30 pm

**WHO:** CFL Students

**Zoom link to join us for our virtual tours:**

<https://redeemer.zoom.us/j/99986828132?pwd=TjBsMkJjNDhkZDZlZU5wT3RWa25oQT09> Zoom

Meeting Password: 843046

**TEACHER:** Mr. Marion [vmarion@redeemer.ab.ca](mailto:vmarion@redeemer.ab.ca) 1-800-659-1945 Ext 5317

## APRIL 26, MAY 10, 31

### VIRTUAL MEET UP MONDAYS (Grades 7-12)

Feeling like you need some time to socialize with your classmates? Join Ms Christy for some ice breaker games, get to know your classmates. Hang out with some friends and form some new friendships!! This will be the last session of Meet up Mondays for this school year!!

**WHERE:** Online - Zoom!!

**WHEN:** Mondays, April 26, May 10, 31

Gr 7-9\_1:00 pm - 1:45 pm

Gr 10-12\_2:00 pm - 2:45pm

**WHO:** CFL students grades 7-12

**COST:** Complimentary

[Click Here to Register](#)

## APRIL 21

### \* VIRTUAL REALITY IN-PERSON GAMES - MED HAT

Try an age appropriate virtual reality experience.

Virtual Reality is software that produce images, sounds, and other sensations to create a different place so that a user feels like he or she is really part of this other place.

Students and their parents may choose from games like Fruit Ninja, Angry Birds, Smashbox Arena, Hoops, and Furious Seas. Students may work together virtually or play an individual game.

Grades 7-12 will have the option of booking the Golf Simulator (bring your own clubs) or Virtual reality game.

**Play together 3 meters apart.**

**WHERE:** SixOneSix

**WHEN:** Wednesday, April 21 \_ 12:00 PM – 4:00 PM

Grade 1 - 3 12:00 PM – 12:45 PM

Grade 4 - 6 1:00 PM – 1:45 PM

Grade 7 - 9 2:00 PM – 2:45 PM (Virtual Reality Games or Golf Simulator)

Grade 9 - 12 3:00 PM – 3:45 PM (Virtual Reality Games or Golf Simulator)

**COST:** \$18 (Regular Rate \$30)

[Click Here to Register](#)

## UPCOMING EVENTS

PLEASE WATCH OUR WEBSITE [WWW.CENTREFORLEARNING.CA](http://WWW.CENTREFORLEARNING.CA) ON THE EVENTS TAB FOR THE MOST UP TO DATE INFORMATION.

## STUDENT SUPERVISION STANDARDS AND PARENT PARTICIPATION

All field trips and events hosted by The Centre for Learning@HOME require supervision to ensure acceptable levels of behavior and safety. The Centre for Learning@HOME will have at least one school staff member on site at every event we host. Staff, and when necessary, parent volunteers (who have provided police issued security clearance documents), will attend events to meet the necessary supervision ratios set out by Christ the Redeemer Catholic Schools and as listed below.

The CFL welcomes parents to participate in activities and events whenever possible. Some events require a parent supervise every participant; other events/venues restrict parent participation. The role of the parent is included in each event description. Please see below for an explanation of the rationale.

### 1. PARENT PARTICIPATION IS MANDATORY

In this scenario, the students will require one on one assistance to complete the task or the venue has asked us to have a parent with each child. A CFL staff member will be there to assist the event leader, check in students and parents, and obtain the activity waiver forms.

### 2. PARENT PARTICIPATION IS VOLUNTARY

In this scenario, the parents are welcome to stay and participate, or release their student(s) to the care of The CFL staff and approved volunteers. The ratio of adults to students is in accordance with Christ the Redeemer Catholic Schools' policy (below). If the parent elects to drop their student(s) off, they must deliver the student(s) to the school staff member at the event to check them in and sign the activity waiver. At the end of the event, the parent must collect the student(s) from the school staff member at the specified time and ensure the staff member knows the parent has arrived to pick up the student(s). Please do not drop your student off at the door or plan to pick them up outside.

### 3. PARENT PARTICIPATION IS RESTRICTED OR NOT ALLOWED

In this scenario, the host venue has asked that parents not participate either due to the nature of the event (i.e. swim lessons) or because of limited space. The Centre for Learning@HOME will provide supervision according to the supervision standard set by Christ the Redeemer Catholic Schools. Parents may be able to watch from the sidelines (like in swim lessons) or drop the student(s) off and pick them up at the end of the program. When dropping off your student(s), please deliver the student(s) to the school staff member at the event to check them in and sign the activity waiver. At the end of the event, the parent must collect the student(s) from the school staff member at the specified time and ensure the staff member knows you have arrived to pick up the student(s). Please do not drop your student off at the door or plan to pick them up outside.

If arrangements are made for someone other than the parent/guardian to pick up a student, please notify The CFL staff member, in writing, prior to the start of the event.

## SUPERVISION RATIOS AS SET BY CHRIST THE REDEEMER CATHOLIC SCHOOLS FOR FIELD TRIPS

GRADE LEVEL	ADULT: STUDENT RATIO
1-3	1:5
4-6	1:10
7-9	1:15
10-12	1:25

Please note, some activities replicate a classroom setting (example: teacher led co-curricular classes) and in such situations, the Field Trip Supervision Ratios will not apply. Ratios similar to a traditional classroom will apply.

If you have any questions or concerns regarding supervision, please contact The Centre for Learning@HOME Program Enhancement Coordinator for your area.



## COVID-19 INFORMATION

### Screening Questionnaire

PARENTS/GUARDIANS/STUDENTS MUST USE THIS QUESTIONNAIRE DAILY TO DECIDE IF THE STUDENT SHOULD ATTEND EVENTS AND ACTIVITY

#### Risk Assessment: Initial Screening Questions

		CIRCLE ONE	
1.	Do you, or your child attending the program, have any of the below symptoms:	YES	NO
	• Fever	YES	NO
	• Cough	YES	NO
	• Shortness of Breath / Difficulty Breathing	YES	NO
	• Sore throat	YES	NO
	• Chills	YES	NO
	• Painful swallowing	YES	NO
	• Runny Nose / Nasal Congestion	YES	NO
	• Feeling unwell / Fatigued	YES	NO
	• Nausea / Vomiting / Diarrhea	YES	NO
	• Unexplained loss of appetite	YES	NO
	• Loss of sense of taste or smell	YES	NO
	• Muscle/ Joint aches	YES	NO
	• Headache	YES	NO
	• Conjunctivitis (Pink Eye)	YES	NO
2.	Has the person attending the activity/facility travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you/your child had close <u>unprotected*</u> contact (face-to-face contact within 2 meters/6 feet) with someone who has travelled outside of Canada in the last 14 days <b><u>and who is ill**?</u></b>	YES	NO
4.	Have you/your child attending the program or activity had close <u>unprotected*</u> contact (face-to-face contact within 2 meters/6 feet) in the last 14 days with someone who is ill**?	YES	NO
5.	Have you/your child or anyone in your household been in close <u>unprotected*</u> contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO

\* "unprotected" means close contact without appropriate personal protective equipment (PPE).

\*\* "ill means someone with COVID-19 symptoms on the list above"

If you have answered "Yes" to any of the above questions, please **DO NOT** enter the school at this time. You should stay home and use the [COVID-19 Self-Assessment Tool](#) to determine whether you need to be tested for COVID-19.

If you have answered "No" to all the above questions, you may attend events and activities.

## COVID-19 INFORMATION

# THINGS TO DO TO STAY SAFE



- Wash your hands
- Keep a safe distance from each other Cover your cough
- Stay home if sick
- Do not share food or personal items
- Follow the rules for masks

[alberta.ca/returntoschool](https://alberta.ca/returntoschool)

